



The **Pulse Leadership Academy** exists to **equip young people** to become **exceptional leaders** in every sphere of society.

Through **discovery** of how Jesus lived we aim to **empower young leaders** to **transform** the world we live in.

This programme will be a **fun** way of gaining **invaluable experiences** which could be used **alongside the Duke of Edinburgh Award** to **enhance your CV**.

What is the Pulse Leadership Academy?

It's a 12-18 month leadership academy where you will learn leadership values and practical skills which you will have the opportunity to put into practice. This will include the completion of the CPAS leadership training course which is a valuable accreditation for future applications. It will be based on Christian principles and is open to Y10-13.

What will it involve?

- Monthly leadership training, 6-9pm on Monday evening in Painswick instead of Club Pulse/Pulse+ which will include dinner.
- Onelife conference, **16th-17th February**
- Weekly attendance of Club Pulse (apart from leadership training nights)
- Involvement in one PSALMS event per month outside of Club Pulse e.g. Messy Church, PSALMS prayer and praise, On Fire etc.
- Group-led fundraising project
- Completion of personalised leadership and skill objectives
- Leadership training day, **23rd April**
- Attendance at TRAC residential as junior leaders, **23rd-27th July**

Am I eligible to apply?

This is for Year 10's who currently attend a club pulse and want to develop their leadership capabilities. You don't have to be a Christian to apply to be part of the Pulse leadership Academy.

What will I gain from it?

- CPAS leadership training qualification
- Pulse Leadership Academy hoodie and t-shirt
- Lots of fun, adventures, new experiences and new friends
- Practical leadership skills
- Opportunities to develop leadership skills in a supported environment with huge diversity to meet the individual's needs
- A **Logbook** to record your progress and an adult to act as a **Guide** to support you through the course
- Opportunity to attend Soul Survivor camp subject to raising the funds, **19th-23rd August**
- Lots of experience to include on your CV and personal statement
- The programme can qualify as both the community and Skill section of the Duke of Edinburgh award

How much will it cost?

The cost of the Leadership academy is £200 which will be subsidised to **£70** which includes the entrance to the Onelife conference. However if finances are an issue, please speak to Fiona.

How do I find out more?

Come along to the information evening, **7:30-8:45pm Monday 18th January** at the Painswick Youth Centre.

If you have any queries contact fiona.gill@psalms.uk.net or 07771513382

Who is behind the Pulse Leadership Academy?

PSALMS is a local Christian charity that works in and around the Stroud area with children and young people. This exciting new Leadership Academy will be piloted in Painswick in partnership with the local churches. We will teach you leadership through Christian values by exploring what the bible says about leadership.

How do I apply?

- Complete the Pulse Leadership Academy application form
- On Monday 1st February, 6-9pm, you will be invited for a meal and introductory session and during the evening there will be individual interviews. You will be informed of whether you have been successful with your application by 3rd February. We are looking for young people who are committed and have a desire to grow in leadership.
- Successful applicants will sign a contract to commit to the programme for a minimum of 12 months. The contract will include a code of conduct and parents' consent will be required.
- Application forms should be sent to **PULSE LEADERSHIP ACADEMY, 4 Munday Close, Bussage, GLOS, GL6 8DG** and should arrive by the 27th January. This should include your completed consent form for the OneLife conference 16th-17th February.

We look forward to hearing from you