



PSALMS

Internship Pack



TABLE OF CONTENTS



WHAT IS UNIQUE ABOUT THE PSALMS INTERNSHIP?	2
ABOUT PSALMS	3
AIM.....	3
OVERVIEW OF THE INTERNSHIP PROGRAMME.....	4
WHAT SKILLS CAN I EXPECT TO GAIN?	4
TIMETABLE.....	5
HOW PSALMS INTERNSHIPS ARE SUPPORTED	6
COSTS & EXPENSES	6
PSALMS VISION, MISSION & VALUES.....	7
STATEMENT OF FAITH	8
INTERESTED?	9
PSALMS INTERNSHIP APPLICATION FORM	10

WHAT IS UNIQUE ABOUT THE PSALMS INTERNSHIP?

Are you looking for an exciting established internship programme with huge diversity that can be tailored to your personal skills and development?

Do you want to be part of the excellent New Wine Discipleship Course based at Trinity Cheltenham, which focuses on spiritual growth, theological training, leadership and personal development?

Do you want to join a young, vibrant team working with children and young people?

Do you want to join us on an exciting journey developing PSALMS sporting expertise further to become a pioneering hub of sports excellence in partnership with Scripture Union?

We asked the current interns what they thought the best things about the internship programme were and this is what they picked out:

“We get to work in teams with fantastic and highly capable individuals.”

“The variety of the work we do – every day is different. There’s a mixture of children’s work and youth work, some more discipleship-focused and some more community-based, such as a drop-in centre and clubs in schools. Also, there’s the opportunity to work with children from different social backgrounds and people from different denominations.”

“You’re part of a team of 8, meaning that there are always valuable opportunities to learn from the youth ministers around you.”

“PSALMS run a programme of training and development specifically tailored to our strengths and what we want to achieve. We have the chance to use our own skills and develop programmes that fit our gifting, such as sport, worship and drama.”

“The New Wine course is fantastic and enables you to be part of a community of young people in the area. It also offers the chance to go on a mission trip abroad.”

“We have the opportunity to prepare and explore for future ministry with the great experience we gain from a high-quality organisation.”

“Part of the role includes developing large projects across the area, such as Pulse Games and residentials and we have the opportunity to head up and lead one of these.”

“It’s a quality internship with the New Wine course all paid for and on top of expenses we even get some extra spending money.”

ABOUT PSALMS

PSALMS started in 2005 in Painswick, a village near Stroud, Gloucestershire. Realising that many young people, especially boys, spent their Sundays on the football pitch or engaging in other active pursuits, a group of Christians decided to rise to the challenge of engaging young people with fresh expressions of church and an emphasis on Sports Ministry.

"Only 1 in 6 young Christian males feel comfortable in Church" (Christian Vision for Men Research May 2010)

Today we work with hundreds of children and young people, through sports and community groups, across Gloucestershire. PSALMS have partnerships with many churches including Anglican, Baptist, Free Churches, Methodist and Roman Catholic.



AIM

The main aim of PSALMS' Internship Programme is to provide interns with a meaningful experience that enhances employability and skills, deepens and develops faith and allows those taking part in the program to explore and test their calling in youth work, sports ministry and other ministry opportunities.

A secondary aim is that the placement allows the exploration and extension of new projects and fresh expressions of church, through intern-owned community and church projects.

OVERVIEW OF THE INTERNSHIP PROGRAMME

PSALMS offer two individual internship streams to choose from:

- 1) **Sports Specialism:** This stream is ideal for those who are interested in developing in youth work, but also have a passion for sports and sports ministry for those aged 8 to 18. More conventional youth work practice is combined with sports activities in a variety of ways.
- 2) **Youth Ministry:** PSALMS Youth Ministry Stream aims to develop core youth work and ministry skills through community, schools and church work

In each of these streams, successful applicants will work, over the placement, to develop and deliver a project that fits into their core specialism areas. There are also opportunities within these roles to develop media skills.

PSALMS partners with New Wine Discipleship Year, and successful applicants will spend one day a week at New Wine Cheltenham as part of their placement. The internships also include a number of retreats, training conferences and camps such as our yearly TRAC (Tom Roberts Adventure Centre) residential camp or the Limitless Festival.

WHAT SKILLS CAN I EXPECT TO GAIN?

Through this programme we hope to encourage interns to develop a number of transferable skills should they later chose to work in ministry or in a secular role.

- **Leadership skills and self-confidence** as you lead community or small groups, and inspire young people through your programmes.
- **Sport Ministry** through weekly training from sports ministry specialists where appropriate.
- Development of your **theological knowledge and spiritual development** through New Wine Discipleship Year, PSALMS leadership training and your assigned spiritual mentor.
- **Teamwork skills** as you are part of a team ministry but also have the opportunity to lead a group of volunteers in a defined project.



- **Teaching and presentation skills** through ‘up-front’ speaking and leading small groups.
- **Organisation and administration skills** as you learn to develop and manage programmes and ensure that they meet their objectives.
- **Programme planning** as you develop a project over the year.
- **First Aid Skills** as you complete a basic first aid training course.

Depending on the area you choose to specialise in you will develop:

- Use of **sports** as a tool for ministry.
- **Worship leading and musical ability** as you work alongside worship leaders and musicians, and help lead singing and music groups.
- **Preaching** as you have the opportunity to input into the life of young people and adults through different community groups, church services and events.
- Skills in using **multi-media** for worship, teaching and promoting the Gospel.
- **Creative skills** using art, drama, puppets and other art forms to share the Gospel at Messy Church, Sunday services and Youth work programmes.
- **Project management skills** and hands on experience in developing PSALMS media presence.

TIMETABLE

Each week would consist of the following:

8 hrs per week: New Wine Discipleship, Cheltenham.

32 hrs per week: Working with PSALMS Sports Ministers to develop and deliver services to their churches and communities.



HOW PSALMS INTERNSHIPS ARE SUPPORTED

The line manager will meet regularly with the interns to support and guide, encourage reflective practice and provide training tailored to their individual objectives. They will also act as a point of contact for any concerns that the intern may have. Additionally, they support the interns as they consider options after their internship and ensure they are equipped with the right experience and opportunities to prepare them once they leave PSALMS.

Working with the PSALMS Sports Ministers will provide interns with a huge diversity of experience, encouragement and support throughout the year. The Sports Ministers will also work with interns to develop their skills in their chosen area.

A Course Leader, appointed by New Wine, is responsible for overseeing teaching and pastoral oversight during the New Wine discipleship year and is the interns contact for queries about teaching content and general queries. Interns will meet, one to one with the course leader, twice per term to check that things are going well.

Additional training will be given through PSALMS both during the induction and placement, by PSALMS team members to enhance interns' skills in youth work and ministry.

COSTS & EXPENSES

PSALMS offer a generous package which will cover the cost of the New Wine Discipleship year programme and pay £40 pocket money per week. PSALMS also cover the cost of any PSALMS residentials or camps that the intern is expected to attend as part of their placement (such as our TRAC camp or the Limitless Festival).

In addition, any fuel costs and material costs incurred as a result of the intern's work are covered, as long as first agreed with the PSALMS Minister working with them.

PSALMS also pay to cover the cost of accommodation in which the intern stays during the placement (paid directly to the placement family with whom the intern is based).

It is highly recommended that interns seek to locate separate part time paid work to support their living costs.

PSALMS VISION, MISSION & VALUES

Vision

- To joyfully share the transforming love of Christ with children and young people in Stroud and the surrounding areas.

Mission

- Envisioning, motivating, resourcing and partnering with local churches to reach young people and their families in local communities by building relationships through schools, youth centres and sports clubs - creating mission focused, non-denominational youth and children's groups.
- Encouraging Ministers and all involved in young people's and children's ministry to engage in the discipling of children and young people to prepare them for ministry leadership and mission.

Values

Our Values embrace:

- ***The Christian Life*** - living in the Love of Christ, depending on God the Father and seeking the power of the Holy Spirit.
- ***Partnering*** - working with groups of churches within a community.
- ***Sports*** - connecting with children and young people through sport, drawing on their natural exuberance and energy.
- ***Witness*** - sharing the love of God which is for every child and young person and their families.
- ***Discipling*** - facilitating children and young people to grow in relationship with Christ through Bible study, prayer and nurture, and giving opportunities to lead, so they can learn to share God's love with their friends and families.

STATEMENT OF FAITH

PSALMS is a Christian Charity and, as such, the internship carries a genuine occupational requirement for a Christian applicant. Therefore, any applicant would be expected to agree to PSALMS statement of faith that they believe in...

1. The one true God who lives eternally in three persons — the Father, the Son and the Holy Spirit.
2. The love, grace and sovereignty of God in creating, sustaining, ruling, redeeming and judging the world.
3. The divine inspiration and supreme authority of the Old and New Testament Scriptures, which are the written Word of God — fully trustworthy for faith and conduct.
4. The dignity of all people, made male and female in God's image to love, be holy and care for creation, yet corrupted by sin, which incurs divine wrath and judgement.
5. The incarnation of God's eternal Son, the Lord Jesus Christ — born of the virgin Mary; truly divine and truly human, yet without sin.
6. The atoning sacrifice of Christ on the cross: dying in our place, paying the price of sin and defeating evil, so reconciling us with God.
7. The bodily resurrection of Christ, the first fruits of our resurrection; his ascension to the Father, and his reign and mediation as the only Saviour of the world.
8. The justification of sinners solely by the grace of God through faith in Christ.
9. The ministry of God the Holy Spirit, who leads us to repentance, unites us with Christ through new birth, empowers our discipleship and enables our witness.
10. The Church, the body of Christ both local and universal, the priesthood of all believers — given life by the Spirit and endowed with the Spirit's gifts to worship God and proclaim the gospel, promoting justice and love.
11. The personal and visible return of Jesus Christ to fulfil the purposes of God, who will raise all people to judgement, bring eternal life to the redeemed and eternal condemnation to the lost, and establish a new heaven and new earth.



INTERESTED?

If you have any questions about the programme please do not hesitate to contact Rob French on 07906 301007 or email: rob.french@psalms.uk.net

Alternatively, if you are interested in applying for the PSALMS internship, in partnership with New Wine Discipleship year, please complete the attached application form and return it to us by **Friday 1st May 2020**. Interviews dates will be finalised once applications have been submitted. (The internship programme begins at the beginning of September).

Please send applications to:

Post: PSALMS (c/o Sue Shaw)
Baggend, The Knoll
Cranham
Gloucestershire
GL4 8HR
United Kingdom

Email: sue.shaw@psalms.uk.net



PSALMS INTERNSHIP APPLICATION FORM

PERSONAL

Full Name (as it appears on your passport): _____

Telephone: Home: _____ Mobile: _____

E-mail: _____

Address:

_____ Post Code: _____

Date and Place of Birth: _____

Nationality: _____

Next of Kin: _____ Relationship: _____

Address (if different from above):

_____ Post Code: _____

EMPLOYMENT/STUDIES

Are you currently in full-time education? **Yes / No**

If so, where? _____ Course: _____

Are you currently in paid employment? **Yes / No**

If so, is the work full-time or part-time? _____

Are you hoping to continue in this position part time whilst you are completing your internship?

Yes / No

Name and address of employer: _____

_____ Post Code: _____

Job title & basic summary of role: _____

Do you hold a UK Driving License? **Yes / No** If yes, how long have you held it for? _____

QUALIFICATIONS

Please list schools, colleges, and universities attended since the age of 11:

Institution:	Qualifications/course taken:	Grade/results:	Date:

Please list any qualifications for which you are currently studying, and the expected date of completion:

Institution:	Qualifications/course studying:

Are you related to/or do you have a personal relationship with anyone at PSALMS?
 If yes, please provide details: _____
 How did you hear about this internship? _____

INTERESTS

What do you like to do in your spare time? (Sports & leisure interests etc.)

What areas of ministry are you interested in and would like to gain more experience in? (e.g. Worship, Youth work, Preaching, use of multi-media etc.)

REASON FOR APPLYING

Why would you like to take part in the PSALMS programme?

CHURCH INVOLVEMENT & PERSONAL FAITH

Church: _____ Minister: _____

What church activities/groups are you involved in? _____

Briefly describe your Spiritual Journey _____

PRACTICAL INFORMATION

If you were chosen to take part in the internship programme would you require living with a host family? **Yes / No**

HEALTH *(please note – this information will be dealt with in the strictest of confidence. However, if you would rather omit parts of this section and discuss them in person, you should feel free to do so)*

Have you had any significant illnesses or operations? **Yes / No**

If 'yes' please specify

Do you suffer from any medical condition requiring regular medication? **Yes / No**

If yes, please specify

Have you ever received treatment for emotional or psychological conditions? **Yes / No**

If yes, please specify

Do you have any condition that would prevent you from moving around freely? **Yes / No**

If yes, please specify

REFERENCES

PSALMS require the names of two referees (not family, one preferably your Vicar/Minister) who have known you for a minimum of 2 years.

Name

Name

Address

Address

Post Code

Post Code

Email:

Email:

Tel:

Tel:

Successful applicants will also be required to sign the PSALMS Code of Conduct, available separately on request.