

Putting Sport Alongside Local Ministries

Website: www.psalms.uk.net Social Media: Follow 'PSALMSUK' on Facebook, Instagram & YouTube



What's on?

Monday: Club pulse (youth group for ages 11+).
5:30-6:30pm via 'Zoom'

Tuesday: Youth Bible Study (ages 11+). 5-6pm via 'Zoom'.

Wednesday: Stonehouse Family Games Hour.
4:30-5:30pm via 'Zoom'.

Thursday: 'PSALMS Live!' (All age) 4:30-5pm on Facebook.

Daily on our socials: challenges, thought for the week, prayer activities, team testimonies and more!

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Team update

Wow! Since the January newsletter, A LOT has changed! Within a few weeks all PSALMS' groups both inside and outside of schools were stopped, residential were cancelled and a number of the team furloughed. We were forced to move online, create new ways of delivering sports ministry and using new programs like 'Zoom'.

This short, special edition newsletter shares some of what has been going on, feedback from young people and some areas we'd love you to be praying for going forwards. If your child would like to join any of our activities they would be most welcome, email Emily Twigg or Ben White or more information.



'Hello' packages

In May PSALMS sent 50 'hello' packs to young people who come along to our club pulse youth groups. Here's Brad from Stonehouse with his! Each pack contained a devotional book from Scripture Union, some activity sheets, a personalised card with our activities on and some sweets.



We wanted to reach out to all the young people we normally work with, but especially those we hadn't seen online. The feedback we got was really positive, here are some examples;

*'...was very excited to get this through the door today'
'...I haven't stopped smiling since'
'It is really encouraging.'*

Prayer points:

- To continue to share the Gospel with families in Gloucestershire
- For engagement with more young people and families
- For the finances of PSALMS so that this ministry can continue.
- For Emily, Ben and Sue who are working and the rest of the team currently on furlough.
- For wisdom moving forwards as restrictions change.

Weekly groups

With reduced staffing, PSALMS have merged several groups to create one weekly online youth group (Club pulse) and one weekly online youth Bible study. Both groups have young people from various areas attending together who have gelled incredibly well, with new friendships being formed.

At **Club pulse** we do a mixture of quizzes, games such as Pictionary, charades, guess who (see photo), bingo etc. over zoom with a thought for the week to finish. This has been great fun and the young people have adapted well to the new way of doing things and being a new group.

The **youth Bible study group** has been working through the '40 days with Jesus' material, his resurrection through to his ascension and we've had some fantastic conversations and fun! For the next seven weeks we're working through the 'True story' books which were in the 'hello packs'.

